

# NEW COVENANT CHRISTIAN MINISTRIES

21 DAYS OF PRAYER & FASTING



JANUARY 8-28, 2026

## A WORD FROM OUR PASTORS

Our 2026 theme, *Consecrated for His Purpose*, serves to remind us that God still sets His people apart—not to escape the world, but to stand boldly in it. As we enter these 21 days of prayer and fasting, we step into a sacred invitation to be set apart for God’s purposes in a world shaking on every side. With global conflict, rising tensions at home, and uncertainty touching every area of life, the people of God cannot drift. We must recalibrate our hearts, renew our strength, realign with God’s truth, and prepare for the move of His Spirit.

In Acts 13:1–3, the church at Antioch fasted and prayed before sending Barnabas and Saul into the work God had prepared for them. And that is our desire; that as we pray and fast, God will send us into the work He has called New Covenant to do. Prayer is the believer’s lifeline, and fasting is a practical way of saying, “God, You are more important than anything else in my life.”

From January 8–28, 2026, we will journey through a rhythm of surrender and prayer—being emptied of our own plans, clothed with His power, and empowered for His purpose. To support this time of consecration, we will gather on a corporate prayer call **each Wednesday in January at 7:00 am by dialing (425) 436-6373, Access Code 859138#**, and then culminate the day with a focused hour of Bible Study at 7:15 pm each Wednesday evening.

It is our prayer that this time of consecration will position us to walk in renewed focus, restored strength, and Spirit-filled readiness for every good work He has prepared and that it will result in personal, corporate, and generational revival for us all.

Thank you in advance for joining us as we move toward a greater measure of renewal, realignment, and release to the purposes of God.

Blessings,  
Pastor Bill & Dr. D

# PRAYER AND FASTING GUIDELINES

## Prayer Guidelines

**“Prayer - secret, fervent, believing prayer – lies at the root of all personal godliness.”**  
**William Carey**

At the center of the fast is your personal prayer time. Prayer is the believer’s lifeline, the place where your heart meets God’s heart. It is in your quiet moments with Him that real transformation happens. A humble heart and an open mind are what God requires and the Holy Spirit intercedes on your behalf (Romans 8:26-27). Don’t rush your moments with God. Prioritize them. Protect them. Let your personal prayer time become the anchor that steadies you through these 21 days.

## Fasting Guidelines

As you fast, choose a method that supports your health and lifestyle—whether a Daniel fast, partial fast, or liquid fast—and consult a medical professional if needed. Below are types of fasts to consider.

Types	Description
<b>Normal Fast</b>	Abstaining from all solid food while drinking water. Jesus' 40-day fast is a prime example of this type.
<b>Absolute Fast</b>	Abstaining from both food and water. It is usually for very short durations and should be undertaken with extreme caution due to the dangers of dehydration. An example is Esther's fast for three days.
<b>Partial Fast</b>	Involves giving up specific foods or types of food rather than all food. The Daniel Fast is a well-known example where only vegetables and water are consumed, and no "pleasant bread" or meat is eaten for 21 days. Another example is fasting from certain meals of the day.
<b>Non-food Fast</b>	Abstaining from non-food items like television, social media, or other pleasurable activities to focus on spiritual discipline. While not as frequently detailed as food fasts, the concept is supported by biblical principles of sanctification.
<b>Liquid fast</b>	Drinking only juices, broths, or other clear liquids, often considered a type of partial fast or juice fast.

Guard your focus in this season. Eliminate unnecessary distractions and lean into spiritual disciplines such as journaling, intercession, Scripture meditation, and acts of service. Remember—this fast is not about legalism or perfection. It is about intimacy with God, obedience to His leading, and transformation through His Word.

**BE EMPTIED OF YOUR PLAN**

**Focus:** Surrender and Alignment

Luke 22:42 – “Not my will, but Yours be done” (NKJV)

**Thursday, January 8**

**Day 1- The Power of Surrender**

Father, Your will is best for my life. In Your will, I find peace, purpose, protection, renewal, and everything I need, so I surrender again. Please forgive me for trying to live outside of Your will. Transform my life, and make me more like You, in Jesus’ Name, Amen.

**Scriptures:**

Romans 12:1-2; Job 22:21-23; James 4:7

**Songs:**

*I Surrender* (Hillsong Worship)  
*I Surrender All* (CeCe Winans)

**Friday, January 9**

**Day 2 – Confessing Misplaced Priorities**

Lord, I confess that my priorities haven’t been aligned to Yours. Please forgive me for seeking my own will, desiring worldly pleasures, being apathetic toward the lost and the downtrodden, and for any other thing that offends You. Set me on Your path, and give me a heart like Yours, in Jesus’ Name.

**Scriptures:**

Psalms 139:23-24; Philippians 2:3-5; Galatians 5:24-25

**Songs:**

*Make Room/My Surrender* (Community Music)  
*Make Room* (Jonathan McReynolds)

**Saturday, January 10**

**Day 3: Releasing the Need to Control**

God, my plans to keep everything under control are falling short. My limited wisdom and understanding can’t handle all that life brings, but You are more than able. I place my complete trust in You, and I give You control of every area of my life. Please lead me and guide me in all things, in Jesus’ Name, Amen.

**Scriptures:**

Proverbs 3:5-6; Psalm 37:5; 1 Peter 5:6-7

**Songs:**

*Breathe Your Name* (Israel Houghton)  
*I Trust You* (Tasha Cobbs Leonard)

**Sunday, January 11**

**Day 4: Breaking the Idol of Self**

Heavenly Father, I confess that I have been pursuing my own ambitions, desires,

**Scriptures:**

Mark 8:34-35; Romans 12:3; Colossian 3:2-3

<p>and plans instead of Yours. I repent for trying to be Lord over my own life. Today, I release my will and my agenda, and I set my focus on You. I humble myself and ask You to help me live in a way the honors Your Sovereignty, in Jesus' Name, Amen.</p>	<p><b>Songs:</b>  <i>No One Else/Tear Down the Idols</i> (Jesus Culture)  <i>Wide As the Sky</i> (Matt Redman)</p>
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**Monday, January 12**

<p><b>Day 5: Embracing Stillness</b>          Father, I sit with You asking You to silence my heart and mind. Help me to quiet the concerns and worship You. Help me to obey Your word. Help me to still myself and exalt You above all things. In Jesus' Name, Amen.</p>	<p><b>Scriptures :</b>          Psalm 46:10; Exodus 20:3-5; Psalm 29:2;          Habakkuk 2:20; Revelations 15:3-4</p> <p><b>Songs:</b>  <i>Song of Moses</i> (Brooklyn Tabernacle Choir)</p>
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**Tuesday, January 13**

<p><b>Day 6: Laying Down Past Failures</b>          Father, Thank You for vision to see forward. I pray You help me no longer consider past days. I look to You the author and finisher of my faith. Give me vision for what is ahead in this life and eternity with You. In Jesus's Name, Amen.</p>	<p><b>Scriptures:</b>          Philippians 3:13-14; 1 John 2:5;          Matthew 6:33; Deuteronomy 4:29</p> <p><b>Songs:</b>  <i>Spirit Lead Me</i> (Influence Music and Michael Ketter)  <i>Be thou My Vision</i> (Boyce Worship Collective)</p>
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**Wednesday, January 14**

<p><b>Day 7: Renewing Your "Yes" to God</b>          Father, I love You with all of my heart, my mind, and my strength. I yield my renewed life to You. May You take my life and use it to advance Your kingdom. I want to hear Your voice. Speak to me, Lord, and I will obey. In Jesus' Name, Amen.</p>	<p><b>Scriptures:</b>          Isaiah 6:8; Exodus 4:10-13; Deuteronomy 4:33-36;          Act 26:16,17</p> <p><b>Songs:</b>  <i>Yes</i> (Shekinah Glory)  <i>I Heard the Voice of Jesus Say</i> (Edwin Hawkins Singers)  <i>Dwelling Places</i> (Sharon Daugherty)</p>
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**BE ENDUED WITH HIS POWER**

**Focus:** Infilling and Transformation

Luke 24:49 – “Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high.” (NKJV)

**Thursday, January 15**

**Day 8: The Power of the Promise**

Almighty God, You are a promise keeper. Thank You for the promise of power that enables me to live boldly and witness faithfully. Strengthen me to wait on You with expectation. Help me to walk in Your authority, advancing Your Kingdom wherever you send me. In Jesus’ Name, Amen.

**Scriptures:**

Acts 1:4-8; 2:1-4; Luke 24:49; John 14:25-26; 2 Timothy 7

**Songs:**

*Spirit Break Out* (William McDowell)  
*Fresh Fire* (feat. Brandon Lake & Naomi Raine) | Maverick City Music  
*Holy Spirit* (Bryan & Katie Torwalt)

**Friday, January 16**

**Day 9: Filled to Overflow**

Lord, fill me with Your Spirit until every part of my life overflows with Your Presence. Let my worship honor You. Teach me to live continually filled, so that I don’t run on empty. Thank You for renewing me daily by Your Grace. In Jesus’ Name, Amen

**Scriptures:**

Ephesians 5:18-20; Romans 15:13

**Songs:**

*Fill me Up* (Tasha Cobbs Leonard)  
*Living in the Overflow* (People & Songs, Charity Gayle, and Joshua Sherman)

**Saturday, January 17**

**Day 10: Walking in the Spirit**

Holy Spirit, lead me so that my steps, decisions, and desires align with Your will and not my flesh. Produce Your fruit in me, shaping my character and strengthening my walk. Empower me to live disciplined, obedient, and victorious as I follow Your voice each day. In Jesus’ Name, Amen

**Scriptures:**

Galatians 5:16-25; Romans 8:1-5,14; 1 John 2:6

**Songs:**

*Oceans* (Hillsong)  
*I will follow Jesus* (Circuit Rider Music & Eniola Abioye & Black Voices)

**Sunday, January 18**

**Day 11: Power to Witness**

Father, I thank You for the gift of prayer. It changes me. It gives me the opportunity to see You change circumstances. Prayer revives me to testify of Your great love. It transforms me to live according to Your

**Scriptures:**

Acts 1:8, 4:31; Ephesians 6:18-20; John 14:16-17

**Songs:**

*The Prayer* (Yolanda Adams w/ Donnie McClurkin)  
*Speak The Name* (Koryn Hawthorne)

<p>Word, and it brings about salvation in the lives of those You allow me to reach. Please fill me with the Holy Spirit to witness to others and give me boldness to pray. In Jesus' Name, Amen.</p>	
<p><b><i>Monday, January 19</i></b></p>	
<p><b>Day 12: Restoring Passion in Worship</b> Thank You Lord for true worshipers who praise You passionately from spirit to spirit. I ask for a heart to worship You according to Your Word, not only in the sanctuary but as I live out my worship throughout my daily life. Thank You for welcoming me into Your presence. It is in my worship that I give you all of the honor and a heart that simply says, thank You. In Jesus' Name I pray, Amen.</p>	<p><b>Scriptures:</b> John 4:23-24; Philippians 3:3; Romans 12:1; Psalm 145:18</p> <p><b>Songs:</b> <i>Trust in You</i> (Anthony Brown &amp; Group Therapy) <i>You Are Good</i> (Israel Houghton and Newton Breed)</p>
<p><b><i>Tuesday, January 20</i></b></p>	
<p><b>Day 13: The Fire of the Word</b> Father, thank You for the power of Your Word. It lives on the inside of me, and it compels me to share the Gospel in the face of opposition. Encourage me to share Your Word and discourage the choice to remain silent. I recognize the mission, and I welcome the call to act in obedience to the desires of my heart to tell of the Good News of Jesus Christ. It is in His Name that I pray, Amen</p>	<p><b>Scriptures:</b> Jeremiah 20:9; Acts 4:20; Matthew 10:27; Romans 1:16</p> <p><b>Songs:</b> <i>Fire</i> (Lucinda Moore) <i>Yes</i> (Shekinah Glory Ministry)</p>
<p><b><i>Wednesday, January 21</i></b></p>	
<p><b>Day 14: Fresh Oil for a New Season</b> Father, thank You for the strength and grace to do Your will. Anoint me with fresh oil so that I can stand in adversity and triumph over every trouble. Lift me up and give me victory over the adversary. Your grace, Your anointing, and Your blessings are promised to all who trust in You. I give You glory in advance for</p>	<p><b>Scriptures</b> Psalm 92:10; Isaiah 40:3; Psalm 23:5; 2 Corinthians 12:9</p> <p><b>Songs:</b> <i>Fresh Oil</i> (Ursula T. Wright) <i>Fresh Oil</i> (Javen featuring Na'Sha Watkins) <i>Jireh</i> (Elevation Worship)</p>

renewed strength and spiritual vitality. In Jesus' precious Name, Amen.	
<i><b>“Holy Spirit, fill me afresh. Clothe me with Your presence. Endue me with power to live, serve, and overcome.”</b></i>	
<b>BE EMPOWERED FOR HIS PURPOSE</b> <i>Focus: Activation and Obedience</i> <b>2 Timothy 1:6-7 – “stir up the gift of God which is in...For God has not given us a spirit of fear, but of power, love, and of a sound mind.” (NKJV)</b>	
<b>Thursday, January 22</b>	
<p><b>Day 15: Recognizing Your Assignment</b></p> <p>Dear Lord, I thank You for creating me. Thank You for never taking Your hands off of me and molding me through every season. I am your masterpiece. Allow Your Holy Spirit to remind me just how precious I am and that I am called for the good works You have ordained before me. You strengthen me even when I feel unworthy, reminding me that in Your son Jesus Christ, I am qualified. In Jesus' Name, Amen</p>	<p><b>Scriptures:</b> Ephesians 2:10; Psalm 139:13-14; Isaiah 64:8; Philippians 2:13</p> <p><b>Songs:</b> <i>Loved By You</i> (Travis Greene) <i>Potter &amp; Friend</i> (Dante Bowe &amp; Chandler Moore) <i>The Story I'll Tell</i> (Naomi Raine) <i>Masterpiece</i> (Anthony Evans)</p>
<b>Friday, January 23</b>	
<p><b>Day 16: Empowered to Serve</b></p> <p>Dear Heavenly Father, I praise You and thank You for the gifts You have stored within me. Help me to be a good steward of them. Grant me the grace to serve others well and discern when to sit and when to serve. Reveal to me the places where I belong in the body of Christ. I surrender myself to You to use me as a vessel to pour into others and receive the blessings you have for me. In Jesus' Name, Amen.</p>	<p><b>Scriptures:</b> 1 Peter 4:10 ; Romans 12:6-8; Ephesians 4:11-12; 1 Corinthians 12:27</p> <p><b>Songs:</b> <i>I need You To Survive</i> (Hezekiah Walker) <i>Make Room</i> (Jonathan McReynolds) <i>I Give Myself Away</i> (William McDowell)</p>

***Saturday, January 24***

**Day 17: Strengthened for the Battle**

God, thank You for equipping me for every spiritual battle I will ever face. I know I do not wrestle against flesh and blood, and I praise You that even in warfare, You have already placed everything I need within me. Teach me to put on the full armor of God daily and to respond to every challenge through faith, prayer, and Your Word. Open my eyes to recognize the enemy's tactics, strengthen my stance in truth, and remind me that the battle is already won. In Jesus' Name, Amen.

**Scriptures:**

Ephesians 6:10-13; 2 Corinthians 6:7, 10:3-4;  
1 Corinthians 15:24; Ephesians 1:20-21

**Songs:**

*Ephesians 6 – Put on God's Armor* (Project of Love)  
*Battle Belongs* (Phil Wickham)  
*You Are My Strength* (William Murphy)

***Sunday, January 25***

**Day 18: Overcoming Fear**

Lord, I will bless Your Name at all times. Your praise shall continually be in my mouth. I will exalt Your Name no matter the circumstances or seasons in my life. I give You glory and praise for being my Way Maker, Miracle Worker, and Promise Keeper. In Jesus' Name, Amen.

**Scriptures:**

Joshua 1:9; Isaiah 35:4, 41:10; Psalm 27:1, 34:4, 91;  
Deuteronomy 31:6-7

**Songs:**

*Fear is Not Your Future* (Todd Galberth ft. Tasha Cobbs)  
*No Reason to Fear* (J.J Hairston & Youthful Praise)

***Monday, January 26***

**Day 19: Walking in Purpose Daily**

Lord, I thank You that my purpose is found in You. Help me to walk in what is good. I thank You for the opportunity to extend compassion to those around me. I give You praise and thanks as I walk humbly in relationship with you. Blessed be the Lord in Jesus' Name, Amen.

**Scriptures:**

Micah 6 :8; Isaiah 1:17; Genesis 18:19;  
Deuteronomy 10:12-13

**Songs:**

*Just us* (William Murphy)  
*Humbly Walk* (Carmel Worship)

*Tuesday, January 27*

**Day 20: Advancing the Kingdom**

Father, I thank You! How beautiful it is to be chosen by You for the advancement of Your Kingdom! I ask You to anoint my mind, mouth, hands, and feet to disciple those in whom You have called. Thank You for the baptism of Your Holy Spirit and help me to walk in the authority that You have given me. May the Kingdom of God reign forever!

**Scriptures:**

Matthew 28:18-20; Luke 10:22; Daniel 7:13-14

**Songs:**

*Use Me Lord* (Reverend Clay Evans)

*The Name of Jesus* (Warehouse Worship & Todd Dulaney)

*I'll Go* (Ron Winans)

*Wednesday, January 28*

**Day 21: Living a Consecrated Life**

My Lord and my God, I ask You to consecrate me for Your service. I take comfort in the fact that You have called me Your child. Help me, Oh God, to live a life that is pleasing to You. Sanctify me, clean me, and purify me as a vessel. I commit to the following and the leading of Your Holy Spirit. Blessed is the man whom You have called Amen.

**Scriptures:**

Rom 8:14, 17; Galatians 5:18; Isaiah 56:5

**Songs:**

*Lord Send Your Anointing* (Marvin Sapp)

*A Song of Consecration* (Ron Winans)

*Consecrate My Heart-Extended Cut* (Vineyard 61 Worship)

*“Lord, empower me for Your purpose. Let my life bring glory to You.  
Use me as an instrument of Your will in the world.”*

## NEW COVENANT CHRISTIAN MINISTRIES

BILLY R. JOHNSON, SENIOR PASTOR  
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