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## A Blessed Life Psalms 1:1-6

Can't both men and women be strong? This month we celebrate the men.

### **Psalms 1:1–6 (NKJV)**

<sup>1</sup>Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; <sup>2</sup>But his delight is in the law of the LORD, And in His law he meditates day and night. <sup>3</sup>He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper. <sup>4</sup>The ungodly are not so, But are like the chaff which the wind drives away. <sup>5</sup>Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous. <sup>6</sup>For the LORD knows the way of the righteous, But the way of the ungodly shall perish.

### **Psalms 1:1–6 (NLT)**

<sup>1</sup>Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. <sup>2</sup>But they delight in the law of the LORD, meditating on it day and night. <sup>3</sup>They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do. <sup>4</sup>But not the wicked! They are like worthless chaff, scattered by the wind. <sup>5</sup>They will be condemned at the time of judgment. Sinners will have no place among the godly. <sup>6</sup>For the LORD watches over the path of the godly, but the path of the wicked leads to destruction.

**BLESSED** - happy, fortunate,

Psalms 1 is a fitting introduction in that it summarizes the two ways open to mankind, the way of the righteous and the way of the wicked. It may be classified as a wisdom Psalm because of its emphasis on these two ways of life, the use of the similes, the announcement of blessing, and the centrality of the Law for fulfillment in life. The motifs in this Psalm recur again and again throughout the collection.

The Psalm describes the blessed man who leads an untarnished and prosperous life in accord with the Word of the Lord and contrasts him with the ungodly who shall perish.<sup>1</sup>

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<sup>1</sup> Allen P. Ross, "[Psalms](#)," in *The Bible Knowledge Commentary: An Exposition of the Scriptures*, ed. J. F. Walvoord and R. B. Zuck, vol. 1 (Wheaton, IL: Victor Books, 1985), 790.

# Instructions for the Blessed

What the Blessed Person **DOES NOT DO**:

- Walk – ungodly counsel
- Stand – in the path of sinners
- Sit – in the seat of the scornful

NOTICE THE PROGRESSION: WALKING > STANDING > SITTING

## WALKING IN THE COUNSEL

- It begins with Ungodly Counsel or Advice
  - Walk – to live or behave in a specified manner

“Just because you are an influencer does not mean you are influencing in the right direction.” – Pastor Billy Johnson

See Proverbs 14:4

## STANDING IN THE PATH

- Stand – to position yourself and hold your ground
- Path – along the course of
- Sinner – one who has disobeyed divine commands

## SITTING IN THE SEAT

- Sit – to be seated
- Seat – a space reserved for sitting
- Scornful – someone who mocks, or treats something with contempt

### **Jeremiah 15:17 (NKJV)**

*<sup>17</sup>I did not sit in the assembly of the mockers, Nor did I rejoice; I sat alone because of Your hand, For You have filled me with indignation.*

What the Blessed Person **DOES**:

**Delight** in the law of the Lord

Delight – joy, a feeling of extreme satisfaction

- Law – could refer to the five books of Moses – the instruction and direction that comes from God

***Psalms 119:16 (NKJV)***

*<sup>16</sup>I will delight myself in Your statutes; I will not forget Your word.*

***Psalms 119:35 (NKJV)***

*<sup>35</sup>Make me walk in the path of Your commandments, For I delight in it.*

**Meditates** on the law - day and night

Meditates – to mutter, to reflect deeply on the subject

“The word has to have a place in your life.” – Pastor Billy Johnson

***Joshua 1:8 (NKJV)***

*<sup>8</sup>This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.*

**What are the Results?**

- They will be like a tree
- They will be like a tree planted by the rivers of water
  - a) Bring forth its fruit in its season. Don't worry about anyone else's season.
  - b) Whose leaf does not wither
  - c) Whatever they do shall prosper

**Warning for the Ungodly – vs. 4-6**

*Psalms 1:4–6 (NKJV)*

*<sup>4</sup>The ungodly are not so, But are like the chaff which the wind drives away.*

*<sup>5</sup>Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous.*

*<sup>6</sup>For the LORD knows the way of the righteous, But the way of the ungodly shall perish.*

- Like chaff – the wind drives away
- Shall not stand in the judgment
- Shall not stand in the congregation of the righteous

Are you the first fruits of what God wants done in your house?