

Anchored in Gratitude

Luke 17: 11-19 NLT

¹¹ As Jesus continued on toward Jerusalem, he reached the border between Galilee and Samaria. ¹² As he entered a village there, ten men with leprosy stood at a distance, ¹³ crying out, “Jesus, Master, have mercy on us!” ¹⁴ He looked at them and said, “Go show yourselves to the priests.”^(b) And as they went, they were cleansed of their leprosy. ¹⁵ One of them, when he saw that he was healed, came back to Jesus, shouting, “Praise God!” ¹⁶ He fell to the ground at Jesus’ feet, thanking him for what he had done. This man was a Samaritan. ¹⁷ Jesus asked, “Didn’t I heal ten men? Where are the other nine? ¹⁸ Has no one returned to give glory to God except this foreigner?” ¹⁹ And Jesus said to the man, “Stand up and go. Your faith has healed you.^(a)”

Thankfulness vs. Gratitude

- Feeling that you feel inwardly and internally.
- Internal feeling triggers an external reaction in a tangible way.

HOW TO LIVE A LIFE ANCHORED IN GRATITUDE

Embrace Joy (Luke 17:4)

There is a difference between happiness and joy

- Happiness is momentary – Joy remains
- Happiness is a fleeting emotion – Joy is a fruit of the Spirit
- Happiness reacts to circumstance – Joy transcends difficulty

“Happiness is anchored to circumstance, but joy is anchored to truth.” – Pastor Curvine Brewington

Express Praise (Psalms 100:4 & Psalms 34:1-2)

There is power in my praise.

- Praise the Lord at all times. I will constantly speak his praises. I will boast only in the Lord; (Psalm 34:1-2)
- Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. (Psalm 100:4)

“God is going to get His glory regardless.” – Pastor Curvine Brewington

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Experience Peace / Crazy Peace

Peace that surpasses all understanding.

“Don’t downplay what God is yet to do.” – Pastor Curvine Brewington

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Take Aways:

- God is the anchor.
- The anchor of gratitude.
- God’s character remains the same.
- We should have a posture of gratitude.
- Joy is a choice.
- God’s presence is a treasure.

“Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.” – William Arthur Ward